

Kitsap County Training & Safety Officers Skill Guide

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Name: _			
Date:			

Description: This Skill Guide is intended to instruct and/or evaluate the firefighter in a simulated Hostile Fire Event or Eminent Collapse Scenario; whereas the firefighter who has been assigned a personal bail-out rope uses it to immediately abandon an elevated story from a building

Related Instructor Guide:

• Self Rescue II

Performance Standards:

Personal Rope Bail Out

Task: Given a minimum of 30 feet and 6mm cord or rope a firefighter, wearing full PPE and SCBA, will demonstrate how to use an anchor point constructed of either a subfloor anchor with an axe, wrapping internal studs of a wall or furniture that wont move, or using a friction type anchor against a windowsill, to bail-out of an elevated floor of a building using a type of friction device approved by their department.

Conditions: The Firefighter in full PPE and SCBA, Given a simulated Hostile Fire Event or Eminent Collapse Scenario, will abandon the structure using a personal rope. (Use of Belay Line Required)

	Objectives			Р	F	
1.	Receive/Communicate need to Abandon the structure					
2	Fix an anchor using personal rope					
2.	Sub-Floor	Wall Stud	Furniture	Friction		
3.	Pay out rope staying low to floor while getting to window					
4.	Straddle window sill					
5.	Wrap rope around "neck" of SCBA bottle					
5a	If Using approved friction device; control decent out of window using inside leg					
5b	Once rope is weighted, use friction device to control decent to ground					
6.	Once rope is wrapped around neck of bottle, hold both ends of rope in one hand					
0.	outside of window just below sill using a stiff, straight inside arm, thumbs up			n, thumbs up		
7.	Place second hand below first hand, thumbs up					
8.	Use inside leg to control decent, place all your weight onto rope.					
9.	Once rope is completely weighted, allow friction of rope around neck of bottle to					
	control decent to ground.					
10.	Maintain Team integrity / Communicate to IC Status					
manı	Performance Outcome ; The firefighter(s) will be able to demonstrate, in a controlled manner, the use of a Personal Rope bail out kit, in a simulated Hostile Fire Event, or Eminent Collapse Scenario.					

Evaluator Comments:		
	Evaluator Signature:	



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