



Kitsap County Training & Safety Officers

Skill Guide



Self Rescue -Disentanglement

Name: _____
Date: _____

Description: This Skill Guide is intended to instruct and/or evaluate the methods used to free oneself from multiple types of entanglement scenarios

Related Instructor Guide:

- Self Rescue I

Performance Standards:

Self Rescue I - Entanglement		P	F
Task- The firefighter will demonstrate the ability to calmly and effectively remove themselves from an entanglement scenario utilizing any technique that fits the scenario and the firefighter is able to utilize best dependent upon their body shape/size and scenario			
Conditions: Given an entanglement scenario of either a horizontal or vertical type confinement area, the type of obstruction used should consist of household wiring, piping, and any other type of material that can pose a possible entanglement hazard to firefighters. The scenario shall be progressive from 100% visibility, and limited obstructions, to zero visibility and what should be considered the most difficult entanglement scenario that can be offered given the timeframe, and ensuring firefighter safety at all times.			
	Objectives	P	F
1.	Identify and communicate situation to partner		
2.	One Chance Move (One chance to free oneself from obstruction) (<60 Seconds)		
3.	**If MAYDAY situation, call MAYDAY, partner or FF, LUNAR format		
4.	Calmly and effectively removes obstruction from around bottle/helmet/clothes		
5.	Uses any method to remove obstruction relevant to Scenario, i.e. cutting wires, swim technique, breaking/breaching hole in wall. All methods shall be consistent with departmental standards		
6.	If unable to remove obstruction/change environment, Removes/Shifts/Rolls pack, keeping control of air line and mask at all times		
7.	Clear of Obstruction and re-don's pack		
8.	Communicates Update to IC and Partner (cancels RIT if necessary)		
9.	Exits the building as a team.		
Performance Outcome; The firefighter shall be able to act calmly/effectively utilizing air management techniques in a high stress environment while removing an obstruction inhibiting forward progress. The scenario shall be progressive from a beginner type evolution to gain awareness and a level of operability, to an expert level that shall test even the most experienced firefighter.			

Evaluator Comments: _____

Evaluator Signature: _____



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